

filcolana

OBSSESSED WITH QUALITY YARN SINCE 1952



Zahle

Design: Ditte Lerche

Playing is an important part of children's development, where they can explore, learn and be creative.

In the middle of the 19th century, women's opportunities for education beyond 14 years old were slim. Nathalie Zahle was very instrumental in changing this and has had a major impact on children's education and our view of play as an important part of children's learning and development. She was a champion of children's rights and worked to improve child rearing and education.

Zahle founded an entire empire of educational institutions, including a school, gymnasium, and teacher's seminary - first for girls, but Zahle's schools exist to this day for everyone. Her work helped to change our view of children and their need for play and freedom to explore the world around them.





Sizes & Measurements

**1 year/80cl (2 years/92cl) 4 years/104cl
(6 years/116cl) 8 years/128cl**

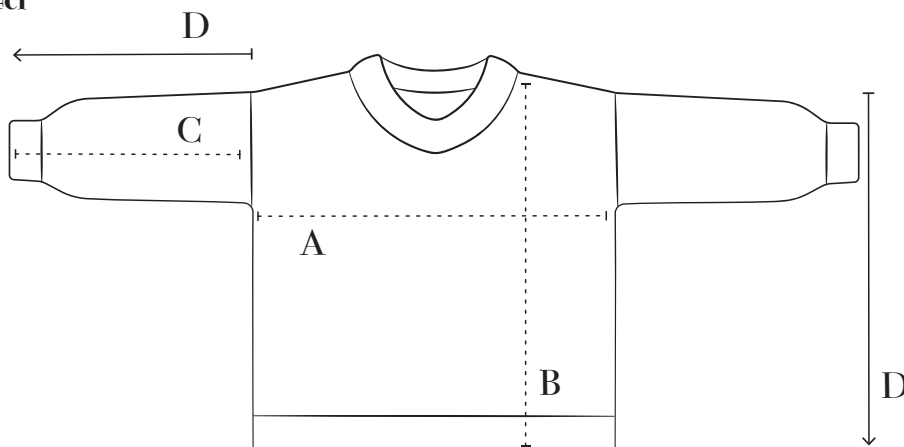
Fits chest circumference
49-53 (54-57) 58-63 (64-68)
69-75 cm

Circumference (A)
59 (63) 70 (74) 81 cm

Length (B)
32 (36) 40 (44) 46 cm

Sleeve length (C)
19 (21) 28 (30) 36 cm

Knitting direction (D)



Materials

YARN FROM FILCOLANA

Saga col. 196 (French Vanilla)
150 (150) 200 (250) 250 g
and
Tilia col. 196 (French Vanilla)
75 (75) 75 (100) 100 g

The whole piece is worked with 2 strands Saga and 1 strand Tilia held together, 3 strands in total.

NEEDLES

4.5 mm and 5 mm circular needles, 60-80 cm
4.5 mm and 5 mm DPNs for the sleeves (can be omitted, if using the Magic Loop technique on long circular needles)

NOTIONS

6 stitch markers
4 markers or safety pins that can be attached the work
2 stitch holders

Gauge

18 stitches and 26 rounds in broken rib, with 2 strands Saga and 1 strand Tilia held together on 5 mm = 10 x 10 cm.

The gauge is measured after washing.

The needle size is only a guide.

If you have more stitches per 10 cm, change to bigger needles. If you have fewer stitches per 10 cm, change to smaller needles. If you meet the width but not the height, it can help to change the type of needle material, for example from metal to wood, or vice versa.

Technique

ABBREVIATIONS

st(s): stitch(es)

rnd(s): round(s)

k: knit

p: purl

tog: together

RS: right side

WS: wrong side

BOR: Beginning of round

M1R

With the left needle, lift the strand between two stitches from back to front and knit it.

M1L

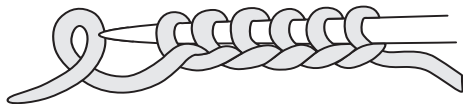
With the left needle, lift the strand between the two stitches from front to back and knit it through the back loop.

SPECIAL TECHNIQUES

Backwards loop cast on

Make a loop of yarn as follows: place the long tail (with the skein of yarn at the other end), over the thread that is on the needle. Knit through this loop with the right needle from the front and pull tightly so that the ring becomes a stitch.

Repeat this for the desired number of stitches.



Workflow

The sweater is worked from the top with European shoulder construction. The pattern is in broken rib, where ribbing (k1, p1) is worked on the right side and all stitches are knit on the wrong side.

First the back is worked back and forth with increases on both sides, which shapes the sloped shoulders. Then stitches are picked up along the back's shoulder pieces, and each side of the neck opening is worked separately, then joined in the middle of the front piece.

When the front piece is finished, the work is joined and turned to the wrong side. The rest of the body is worked from here in the round on the wrong side to prevent having to work purl rounds in the broken rib pattern.

Stitches are picked up along the armhole and the sleeve is worked in the round also from the WS, from top to bottom.

Finally, stitches are picked up along the neck opening and the neckline is worked, then folded down and sewn to the wrong side.





Pattern

Broken rib:

1st row (RS): * k1, p1 *, repeat from * to * the whole row, finish with k1.

2nd row: Knit across all sts.

Repeat these 2 rows.

YOKE

Back

Cast 33 (33) 35 (35) 37 sts onto a 5 mm needle, with all 3 strands held together, in the following way:

Cast on 6 sts, insert marker, cast on 21 (21) 23 (23)

25 sts, insert marker, cast on 6 sts.

Place a marker or a small piece of contrast color yarn into the first and last st of the needle. These markers will be used later as “measuring markers” (points to be measured from). The markers should be attached into the sts and should only be seen from the RS.

Now continue in broken rib, with 6 sts on each side, which will be worked in normal ribbing, and the markers are slipped from the left needle to right needle, while also starting increases towards the shoulder sts on every RS row, as follows:

1st row (WS): Work ribbing (k1, p1) to the marker, slip marker to the right needle, knit to the next marker, slip marker to the right needle, work ribbing (p1, k1) the rest of the row.

2nd row: k1, work ribbing (k1, p1) to the marker, slip marker, M1L, work broken rib (p1, k1) to the marker, M1R, slip marker, work ribbing (k1, p1) until 2 sts remain, k2.

3rd row: Work as the 1st row.

4th row: k1, work ribbing (k1, p1) to the marker, slip marker, M1L, work broken rib (k1, p1) to the marker, M1R, slip marker, work ribbing (k1, p1) to the last 2 sts, k2.

Repeat these 4 rows, until increases are made a total of 10 (12) 14 (16) 18 times and there are 53 (57) 63 (67) 73 sts on the needle.

Insert a marker into the first st and last st of the row that was last worked. The markers should be attached to the sts. The shoulder increases are now complete.

Continue straight down in broken rib as the sts show in between the markers and work normal ribbing across the 6 sts on each side, until the piece measures 4 (4) 5 (5) 5 cm from the side markers. Finish with a RS row.



Break the yarn and let the sts rest on a stitch holder.

LEFT SHOULDER

Place the back piece in front of you, with the cast-on edge up top (away from you).

Now pick sts up along the RS of the shoulder sts for the left side, as follows:

With 5 mm needles and 2 strands Saga and 1 strand Tilia held together, start at the outermost cast-on edge and pick 4 sts up, insert a marker, pick 7 (9) 13 (15) 19 more sts up, insert marker, pick 6 sts up to the side marker = 17 (19) 23 (25) 29 sts in total.

1st row (WS): k1, work ribbing (p1, k1) to the marker, slip marker, knit to the next marker, slip marker, p1, k1, p1, k1.

2nd row: k2, p1, k1, slip marker, work broken rib (p1, k1) to the next marker, slip marker, work ribbing (k1, p1) until 2 sts remain, k2.

Repeat these 2 rows until the piece measures 5 (6) 7 (7,5) 8 cm, measured from the picked-up sts. Finish with a WS row.

Now start increases towards the neck, as follows:

Next row (RS): k2, p1, k1, slip marker, M1L, work broken rib as the sts show to the next marker, slip marker, work ribbing (k1, p1) until 2 sts remain, k2.

Next row: Work as the 1st row.

Repeat these 2 rows a total of 5 (5) 3 (3) 3 more times. Finish with a WS row.

There are now 23 (25) 27 (29) 33 sts in total.

Break the yarn and let the sts rest on a stitch holder.

RIGHT SHOULDER

Place the back piece in front of you, with the cast-on edge up top (away from you).

Now pick sts up along the RS of the shoulder sts for the right side, as follows:

With 5 mm needles and 2 strands Saga and 1 strand Tilia held together, start at the outermost edge of the side marker and pick 6 sts up, insert marker, pick up 7 (9) 13 (15) 19 more sts, insert marker, pick 4 sts up to the side marker = 17 (19) 23 (25) 29 sts in total.

1st row (WS): k1, work ribbing (p1, k1) to the marker, slip marker, knit to the next marker, slip marker, work ribbing (p1, k1) the rest of the row.

2nd row: k1, work ribbing (k1, p1) to the marker, slip marker, work broken rib as the sts show to the next marker, slip marker, k1, p1, k2.

Repeat these 2 rows until the piece measures 5 (6) 7 (7,5) 8 cm, measured from the picked-up sts. Finish with a WS row.

Now start increases towards the neck, as follows:

Next row (RS): k1, work ribbing (k1, p1) to the marker, slip marker, work broken rib as the sts show to the next marker, M1R, slip marker, k1, p1, k2.

Next row: Work as the 1st row.

Repeat these 2 rows a total of 5 (5) 3 (3) 3 more times. Finish with a WS row.

There are now 23 (25) 27 (29) 33 sts in total.

FRONT

Now join the work, as follows:

Next row (RS): k1, work ribbing (k1, p1) to the marker, slip marker, work broken rib as the sts show to the next marker, remove marker, continue in broken rib, adjusting to the pattern of the sts that were just worked, cast on 7 (7) 9 (9) 7 sts with backwards loop cast on, continue to work the established broken rib pattern to the marker, remove marker, work broken rib





to the next marker, slip marker, work ribbing (k1, p1) until 2 sts remain, k2.

There are now a total of 53 (57) 63 (67) 73 sts.

Continue straight down in broken rib as the sts show in between the markers, and normal ribbing across the 6 edge sts on each side, until the front piece has the same height as the back, measured from the “measuring markers” on the cast-on edge. Finish with a RS row.

BODY

Now join the pieces on the WS, as follows:

Next row (WS): Work the front piece sts from the WS as before, cast on 1 st with backwards loop cast on, slip the back sts back to the needle and also work the back sts as before from the WS, cast on 1 st with backwards loop cast on. Insert a BOR marker and join in the rnd.

There are now 108 (116) 128 (136) 148 sts.

Now continue in the rnd from the WS of the work, as follows:

1st rnd: Work ribbing (k1, p1) the whole rnd.

2nd rnd: * Work ribbing as the sts show until the marker, slip marker, knit to the next marker *, repeat from * to * 1 time, work ribbing as the sts show to the BOR marker.

Repeat these 2 rnds until the piece measures 17 (19) 20 (22) 23 cm from the armhole, finish with a “knit” rnd.

Remove all markers except for the BOR marker.

Change to 4.5 mm needles.

Ribbing edge

Work ribbing (k1, p1) until the ribbing edge measures 3 (3) 4 (4) 4 cm.

Turn the work and bind off all sts in ribbing from the RS.

SLEEVES

With 5 mm needles and 2 strands Saga and 1 strand Tilia held together, pick sts up along the RS of the armhole, as follows:

Start at the bottom of the armhole, the first st is picked up in the casted-on st in between the front and back and pick up a total 36 (40) 46 (48) 50 sts the whole way around.

Turn the work to the WS, insert a BOR marker and work in the rnd as follows:

1st rnd: k1, p1, k1, p1, insert marker, knit until 3 sts remain, insert marker, p1, k1, p1.

2nd rnd: Work ribbing (k1, p1) the whole rnd.

Repeat these 2 rnds until the sleeve measures 16 (17) 24 (26) 29 cm, measured from the armhole. Finish with a “ribbing” rnd.

On the next “knit rnd”, decrease as follows:

Only for size 1 year

Work ribbing to the marker, slip marker, k2tog, work [k2tog, k2tog, k1] 5 times, k2tog, slip marker, work ribbing the rest of the rnd = 24 sts.

Only for size 2 years

Work ribbing to the marker, slip marker, work [k2tog, k2tog, k1] 6 times, k3tog, slip marker, work ribbing the rest of the rnd = 26 sts.

Only for size 4 years

Work ribbing to the marker, slip marker, * k1, work [k2tog] 9 times *, repeat from * to * 1 time, k1, slip marker, work ribbing the rest of the rnd = 28 sts.

Only for size 6 years

Work ribbing to the marker, slip marker, k3tog, work [k2tog, k2tog, k1] 7 times, k3tog, slip marker, work ribbing the rest of the rnd = 30 sts.

Only for size 8 years

Work ribbing to the marker, slip marker, work [k2tog, k2tog, k1] 8 times, k3tog, slip marker, work ribbing the rest of the rnd = 32 sts.

Remove all markers except for the BOR marker.

All sizes

Change to 4.5 mm needles.



Ribbing edge

Work ribbing (k1, p1) until the ribbing edge measures 3 (3) 4 (4) 4 cm.

Turn the work and bind off all sts in ribbing, from the RS.

Work the other sleeve the same way.

NECKLINE

With 4.5 mm needles and 2 strands Saga and 1 strand Tilia held together, pick sts up along the RS of the neck opening, as follows:

Start after the ribbing shoulder sts of the back's right shoulder, and pick 21 (21) 23 (23) 25 sts up along the neck, pick 5 sts up in the ribbing shoulder sts, pick 14 (15) 15 (17) 19 sts up down to the cast-on sts mid-front, pick 7 (7) 9 (9) 7 sts up mid-front, pick 14 (15) 15 (17) 19 sts up to the ribbing shoulder sts, pick 5 of these sts up = 66 (68) 72 (76) 74 sts in total.

Insert a BOR marker and join in the rnd.

Work ribbing (p1, k1) until the ribbing edge measures 6 (6) 7 (7) 7 cm.

Bind the sts off loosely as the sts show.

FINISHING

Fold the neck edge to the WS and sew it to the cast-on edge with loose whip stitch.

Weave in all ends. If there are small holes where the piece was turned, sew these from the WS.

Wash the sweater according to the label's instructions and let it dry flat on a towel.

