

filcolana

OBSESSED WITH QUALITY YARN SINCE 1952



What A Life

Design: Katja Dyrberg // Popknit

Embracing life, tasting all the fruits of the garden and experiencing all the colours of the rainbow, this was the designer's inspiration for the colour scheme of these beautiful summer shorts, with a cut and fit that invites you to play, move and enjoy life to the fullest.

These shorts matches perfectly with the Joyride top.





Sizes & Measurements

XS (S) M (L) XL (2XL) 3XL

Fits hip width/waist

84-91/60-67 (92-99/68-75) 100-107/76-83
(108-116/84-93)117-126/94-105 (127-136/106-
117)137-146/118-129 cm

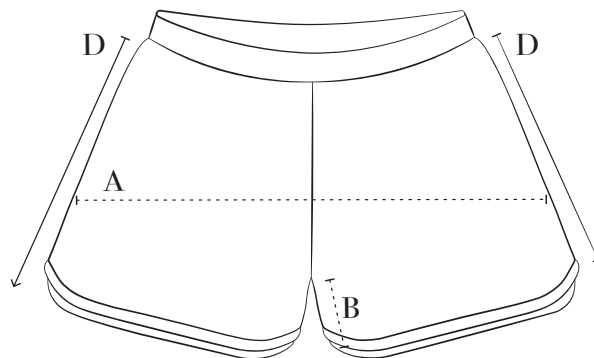
Hip width (A)

85 (93) 101 (109) 117 (127) 137 cm

Leg, inseam (B)

10 (10) 10,5 (10,5) 11 (11,5) 12 cm

Knitting direction (D)



Materials

YARN FROM FILCOLANA

Colour A

Arwetta colour **380 (Coral Sunset)**

50 (50) 50 (50) 50 (100) 100 g and

Tilia colour **335 (Peach Blossom)**

25 (25) 25 (25) 25 (50) 50 g

Colour B

Arwetta colour **313 (Bubblegum)**

50 (50) 50 (50) 50 (100) 100 g and

Tilia colour **313 (Bubblegum)**

25 (25) 25 (25) 25 (50) 50 g

Colour C

Arwetta colour **365 (Calendula)**

50 (50) 50 (50) 50 (100) 100 g and

Tilia colour **365 (Calendula)**

25 (25) 25 (25) 25 (50) 50 g

Colour D

Arwetta colour **379 (Sprout)**

50 (50) 100 (100) 100 (100) 100 g and

Tilia colour **367 (Lemongrass)**

25 (25) 50 (50) 50 (50) 50 g

Each colour is worked with 1 strand of Arwetta and 1 strand of Tilia held together throughout work.

Materials

NEEDLES

3.5 mm and 4 mm circular needles,
40 cm and 60-120 cm.

EXTRAS

1 Stitch marker

3 Stitch holders

3 (3) 4 (4) 4 (4) 4 cm wide elastic band, the length that equals the circumference of your waist

Gauge

21 stitches and 28 rows in stockinette, using 4 mm needle and 1 strand of Arwetta and 1 strand of Tilia held together = 10 x 10 cm.

Gauge is measured after washing.

Needle sizes are for guidance only.

If you have more stitches on 10 cm, change to a larger needle. If you have fewer stitches on 10 cm, change to smaller needles.



Technique

ABBREVIATIONS

k: knit
row purl
st(s): stitch(es)
RS: right side
WS: wrong side
tog: together
tbl: through the back loop of stitch

M1R (Right slanted increase)

From the back, lift the horizontal strand between the two stitches with the left needle and knit through the front loop.

M1RP (Right slanted increase worked on WS)

With the left needle pick up the strand between 2 sts from back to front and purl through the front loop.

M1L (Left slanted increase)

From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop.

M1LP (Left slanted increase worked on WS)

From the front, lift the horizontal strand between stitches with the left needle and purl through the back loop.

ssk improved worked on RS

Slip 1 stitch knitwise and next stitch purlwise, insert left needle tip into the fronts of these 2 slipped stitches and knit them together.

ssk improved worked on WS

Slip 2 stitches individually as if to knit, slip both sts purlwise back on left needle tip and work p2tbl.

SPECIAL TECHNIQUES

Intarsia

When changing colours, the strands should be crossed on the WS of work to avoid holes at the colour transition. Place the strand with the present colour OVER the new colour that you will be working with, cross the strands, tighten the new colour slightly, and continue knitting it.

Short row stitch

Slip 1st onto right-hand needle with yarn in front. Tug the yarn up and over the right-hand needle (away from yourself). This creates a double stitch. Continue working the row as instructed in the pattern. On next row work the double sts together as either k2tog or p2tog depending on what the stitches indicate. This technique is called German Short Rows.

Knitting cast on

K1, but leave the stitch on the left needle, slip the new stitch on the right needle twisted onto the left needle in front of the first stitch, repeat from * to * until you have cast-on the desired number of stitches.

Workflow

What A Life shorts are worked in stockinette stitches, and 2 pieces and then grafted together at mid front and mid back.

Lefthand side and righthand side of the shorts are worked separately top down, each in 2 colours using intarsia technique when changing between the colours. To create an oblique crotch seam, increases are worked in different intervals on each side of each piece.

Then work is then divided, and each leg is finished separately with short rows to create a rounding at the bottom of each leg.

Left and right side of the shorts are sewn together along the sides and inner seam of the legs are also sewn with mattress stitches.

All stitches are bound off with an I-cord. Stitches are picked up along the cast on edge, and waistband is worked in twisted rib with a wide elastic band pulled through.



Pattern

SHORTS

Left side

Cast on 78 (86) 94 (102) 110 (120) 130 sts on 4 mm needle, in colour A, using 1 strand of Arwetta and 1 strand of Tilia held together. Make sure to have a long tail of yarn (approx. 0.5 mtr) left from cast on, this is for seaming together later.

1st row (WS): P39 (43) 47 (51) 55 (60) 65 sts, place marker, join colour B to work, p39 (43) 47 (51) 55 (60) 65 sts.

2nd row: K39 (43) 47 (51) 55 (60) 65 sts, change to colour A using the intarsia technique, k39 (43) 47 (51) 55 (60) 65 sts.

Now work der short rows and change colours at the marker, using the intarsia technique, as follows:

1st short row (WS): P17 (18) 19 (20) 21 (22) 23 sts, turn work.

2nd short row (RS): Work short row st, k16 (17) 18 (19) 20 (21) 22 sts.

3rd short row (WS): Purl to short row st from previous row, purl through both loops of the short row st as if to purl together, p8 (9) 9 (10) 10 (11) 11, turn work.

4th short row (RS): Work short row st, knit to end of row.

Repeat 3rd – 4th row 3 times more.

Next row (WS): Purl to the short row st from previous row, purl through booth loops of the short row st, as if to purl together, purl to end of row.

All short rows are now completed.

Work 0 (0) 0 (4) 4 (8) 8 rows in stockinette st. Last row is from WS.

Now work increases each side, as follows:

1st row (RS): K3, M1L, knit to last 3 sts, M1R, k3 = 80 (88) 96 (104) 112 (122) 132 sts.

2nd row: Purl to end of row.

3rd-8th row: Knit to end of row.

Repeat 1st–8th row 2 times more = 84 (92) 100 (108) 116 (126) 136 sts.

Repeat 1st-4th row 3 times = 90 (98) 106 (114) 122 (132) 142 sts.

Repeat 1st–2nd row 3 times = 96 (104) 112 (120) 128 (138) 148 sts.

Now increase on every other row at mid front and on every row at mid back, as follows:

1st row (RS): K3, M1L, knit to last 3 sts, M1R, k3 = 98 (106) 114 (122) 130 (140) 150 sts.

2nd row: P3, M1RP, purl to end of row = 99 (107) 115 (123) 131 (141) 151 sts.

Repeat above 2 rows another 5 times = 114 (122) 130 (138) 146 (156) 166 sts. Last row is from WS.





Work 14 (14) 16 (16) 18 (20) 22 rows of stockinette st. Last row is from WS.

From here each leg is worked separately and rounded with short rows at the bottom.

From RS, slip last 60 (64) 68 (72) 76 (81) 86 sts of row to a stitch holder and leave sts to rest, with the yarn balls in colour A still attached to work, while short rows are worked over the 54 (58) 62 (66) 70 (75) 80 sts on front part of leg, as follows:

Left side, front part of leg

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1st short row (RS): Knit to 1 st left on needle, turn work.

2nd short row (WS): Work short row st, purl to 1 st left on needle, turn work.

3rd short row (RS): Work short row st, knit to short row sts from previous row and turn work before this st.

4th short row (WS): Work short row st, purl to short row st from previous row and turn work before this st.

Repeat 3rd – 4th short row 4 gange times more.

Last short row (RS): Work short row st, knit to short row st from previous row, work both loops of the short row st together as to k2tog, work all short row sts the same way, end k1.

Next row: Purl to short row st from previous row, work both loops of the short row st together as to p2tog, work all short row sts the same way, end p1.
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Do not break the yarn. Slip all sts to a stitch holder and leave them to rest while working the back part of the leg as follows:

Left side, back part of leg

Slip all sts from the back part of the leg to 4 mm needle.

Grab colour A attached to the sts, begin on RS and work the sts as on front part of the leg from # to #, but 3rd - 4th short row is worked 6 times in total.

Do not break the yarn. Slip all sts to a stitch holder and leave them to rest while working right side of the shorts, as follows:

RIGHT SIDE

Cast on 78 (86) 94 (102) 110 (120) 130 sts on 4 mm needle, in colour C, using 1 strand of Arwetta and 1 strand of Tilia held together. Make sure to have a long tail of yarn (approx. 0.5 mtr) left from cast on, this is for seaming together later.

1st row (WS): P39 (43) 47 (51) 55 (60) 65 sts, place marker, join colour D to work and p39 (43) 47 (51) 55 (60) 65 sts.





Now work der short rows and change colours at the marker, using the intarsia technique, as follows:

1st short row (RS): K17 (18) 19 (20) 21 (22) 23 sts, turn work.

2nd short row (WS): Work short row st, p16 (17) 18 (19) 20 (21) 22 sts.

3rd short row (RS): Knit to short row st from previous row, knit through both loops of the short row st as if to k2tog, k8 (9) 9 (10) 10 (11) 11, turn work.

4th short row (WS): work short row st, purl to end of row.

Repeat 3rd – 4th row 3 times more.

Next row (RS): Knit to the short row st from previous row, knit through both loops of the short row st, as if to k2tog, knit to end of row.

All short rows are now completed.

Work 1 (1) 1 (5) 5 (9) 9 more rows in stockinette st. Last row is from WS.



Now work increases each side, as follows:

1st row (RS): K3, M1L, knit to last 3 sts, M1R, k3 = 80 (88) 96 (104) 112 (122) 132 sts.

2nd row: Purl to end of row.

3rd-8th row: Knit to end of row.

Repeat 1st–8th row 2 times more = 84 (92) 100 (108) 116 (126) 136 sts.

Repeat 1st-4th row 3 times = 90 (98) 106 (114) 122 (132) 142 sts.

Repeat 1st–2nd row 3 times = 96 (104) 112 (120) 128 (138) 148 sts.

Now increase on every other row at mid front and on every row at mid back, as follows:

1st row (RS): K3, M1L, knit to last 3 sts, M1R, k3 = 98 (106) 114 (122) 130 (140) 150 sts.

2nd row: Purl to last 3 sts, M1LP, p3 = 99 (107) 115 (123) 131 (141) 151 sts.

Repeat above 2 rows another 5 times = 114 (122) 130 (138) 146 (156) 166 sts. Last row is from WS.

Work 14 (14) 16 (16) 18 (20) 22 rows of stockinette st. Last row is from WS.

From here each part of the leg is worked separately and rounded with short rows at the bottom.

Right side, back part of the leg

From RS, slip last 54 (58) 62 (66) 70 (75) 80 sts of row to a stitch holder and leave sts to rest, with the yarn balls in colour C still attached, while short rows are worked over the 60 (64) 68 (72) 76 (81) 86 sts on back part of leg, as follows:

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1st short row (RS): Knit to 1 st left on needle, turn work.

2nd short row (WS): Work short row st, purl to 1 st left on needle, turn work.

3rd short row (RS): Work short row st, knit to short row st from previous row, turn work before this st.

4th short row (WS): Work short row st, purl to short row st from previous row, turn work before this st.

Repeat 3rd - 4th short row 5 times more.

Last short row (RS): Work short row st, knit to short row st from previous row, work both loops of short row



st as to k2tog, work all short row sts the same way, end k1.

Next row: Purl to short row st from previous row, work both loops of short row st as to p2tog, work all short row sts the same way, end p1.

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Do not break the yarn. Slip all sts to a stitch holder and leave them to rest while working the front part of the leg as follows:

Right side, front part of the leg

Slip all sts from the front part of the leg to 4 mm needle.

Grab colour C attached to the sts, begin on RS and work the sts as on back part of the leg from # to #, but 3rd- 4th short row are worked only 5 times in total.

Do not break the yarn, slip sts to rest on a stitch holder.

Sew the pieces together

Place both back parts opposite each other, RS up, and sew the parts together with mattress sts using the long tail from casting on sts. The crotch seam on the back is sewn with the long tail of colour A, the front seam is sewn with the long end of colour C. Do not weave in the ends, instead use the tail of colour C for sewing the right-side leg inseam and the tail of colour A for sewing the left-side leg inseam.

I-CORD

Left leg

With RS facing, slip all sts from left leg to 4 mm needle, begin at inseam of this leg with colour B still attached to the sts.

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Cast on 2 sts using the knitted cast on technique and work I-cord bind off, as follows:

K2, work ssk improved = 3 sts on righthand needle tip. Slip these 3 sts back to lefthand needle, repeat from * to *, to 1 st in colour B left on lefthand needle, break colour B, change to colour A and repeat from * to *, to all sts are bound off.

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Break the yarn and sew the ends of the I-cord together with Kitchener sts in colour A.

Right leg

With RS facing, slip all sts from right leg to 4 mm needle, begin at inseam of this leg with colour D still attached to the sts.

Work from ## to ##, when 1 st left in colour D, break colour D and change to colour C.

Break the yarn and sew the ends of the I-cord together with Kitchener sts in colour C.

Waistband

Using 3.5 mm needle and colour C, pick up and knit sts along RS of the cast on edge. Pick up the new sts in the row below cast on row, this will cover the cast on edge completely.

Begin at mid back and pick up 152 (168) 184 (200) 216 (236) 256 sts along the cast on edge. Insert beginning of round marker and join to a round.

Work twisted rib (k1tbl, p1), until rib measures 3 (3) 4 (4) 4 (4) 4 cm.

Purl 1 round.

Work another 3 (3) 4 (4) 4 (4) 4 cm of twisted rib (k1tbl, p1).

Join the waistband to WS, as follows:

Measure out a piece of elastic, same length as the circumference of your waist. Carefully sew the ends of the elastic band together and place the band to the inside of the lower part of the rib.

Bend upper part of the rib down to the WS and fasten the rib to the cast on edge while binding off the sts, as follows:

Lift 1 st from the cast on edge to left hand needle tip and work k2tog, *lift next st from cast on edge to lefthand needle tip and work k2tog, on righthand needle pass second st over first st, as an ordinary bind off*, repeat from * to *, to all sts have been bound off.

Be careful neither to bind off to lose nor to firm.

As an alternative you can bind off sts knitwise and sew onto cast on edge on WS.

FINISHING

Weave in all ends.

Wash the shorts according to instructions on labels and leave them to dry flat on a towel.