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## Paloma

1st edition - January 2023 © filcolana  
#FilcolanaPaloma

**This wonderful and feminine summer dress was created from the dream of taking a morning walk in the narrow and picturesque streets of El Casco Antiguo, the historic district of Palma de Mallorca, enjoying the architecture before plunging into discovering the city's many and diverse markets.**

### SIZES

XS (S) M (L) XL (2XL) 3XL (4XL)

### MEASUREMENTS

Fits chest sizes: 82 (90) 98 (106) 116 (126) 136 (140) cm

Chest: 86 (94) 102 (110) 120 (130) 140 (150) cm

Sleeve length: 10 cm

Length: 90-110 cm (the skirt ends 3 cm above the knee)

### GAUGE

21 sts and 28 rows in stockinette on 4.5 mm needles and 2 strands of Merci = 10 x 10 cm.

The knitting sample is measured after washing.

Needle sizes are for guidance only.

If you have more stitches on 10 cm, change to a larger needle. If you have fewer stitches on 10 cm, change to smaller needles.

### MATERIALS

**Yarn from Filcolana**

500 (550) 600 (650) 700 (750) 850 (950) g **Merci** in col. 1130 (Light Peach).

**Circular needles 3.5 and 4.5 mm, 80 cm**

**4 stitch markers**

**Scrap yarn for Italian cast on**

**Elastic thread**

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## Techniques

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### ABBREVIATIONS

**st(s):** stitch(es)

**k:** knit

**p:** purl

**tog:** together

**yo:** yarn over

**tbl:** through back loop

### cdd (centred double decrease)

Slip 2 sts as if to knit, knit 1 st, slip the 2 sts over the knitted st.

### SPECIAL TECHNIQUES

#### Italian bind off

Measure a tail approx. 3 times the length of the rib circumference. Thread tail onto a tapestry needle. First st should be a knit st.

1. Insert tapestry needle into the first st on left needle as if to purl, pull the yarn through.
  2. From behind work insert needle between 1st and 2nd st. Pull needle and yarn to front of work.
  3. Insert tapestry needle through the 2nd st, from front and out on the back.
  4. Insert tapestry needle from front into the 1st st as if to knit it, slip st off needle.
  5. From the front insert tapestry needle - from right to left - into the front leg of the 2nd st (knit st), pull yarn through.
  6. Insert tapestry needle into 1st st as if to purl, slip st off needle.
- Finish:
7. From the front insert needle, from right to left, into the first bound off st, pull the yarn through.
  8. Knit as point 6.

All sts are now bound off.

Weave in end, carefully.

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## Workflow

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The bodice of the dress is worked bottom and up.

After working the bodice, you pick up sts at the waist and work the skirt top down.

The dress is then worked in the round, except for a few rows where you work both 1 and 2 strands of Merci and knit flat over entire work.





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# Pattern

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## SLEEVES

With scrap yarn and 3.5 mm needles cast on 28 (31) 34 (37) 41 (44) 47 (50) sts, knit 2 rows back and forth. Break scrap yarn.

Join 1 strand of Merci to work and purl 1 row, do not turn work, but join round and continue in the round.

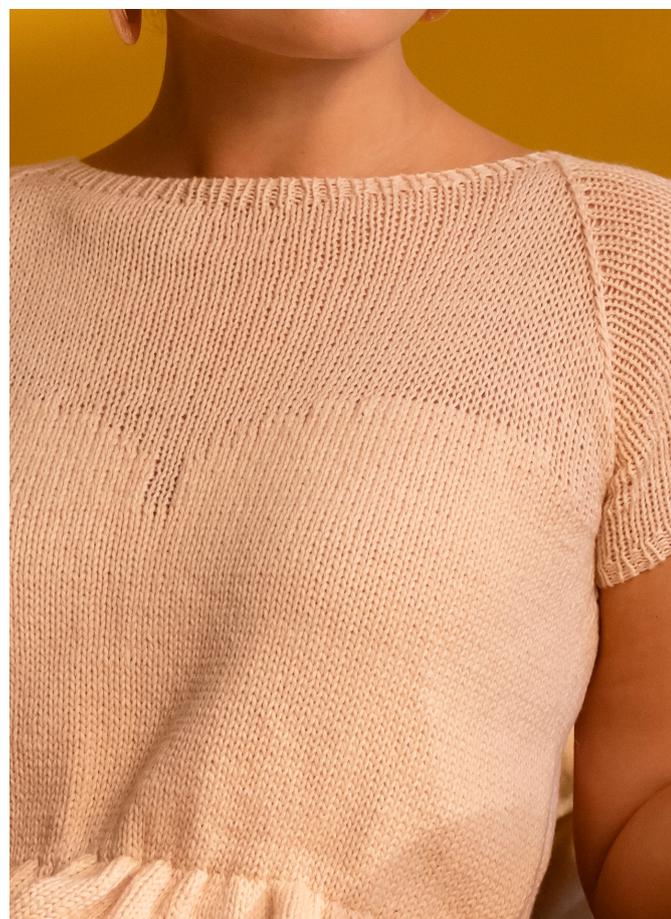
Purl 2 rounds.

**Next round:** \*P1, insert right-hand needle under the lower bar worked in Merci 3 rows down (1st row using Merci), knit this st\*, repeat from \* to \* to last st, pick up the last bar and knit this together with the last st = 54 (60) 66 (74) 80 (86) 92 (98) sts.

P1, place start marker.

Knit rib (k1, p1) over 6 rounds.

Gently cut off the scrap yarn.



Change to 4.5 mm needles.

Knit till sleeve measures approx. 10 cm.

**Next round:** Knit to last 6 (6) 8 (8) 12 (12) 14 (14) sts, bind off these sts.

Break yarn and leave a tail of approx. 20 cm. Let the sleeve rest for now and work one more the same way.

## BODICE

With 2 strands of Merci and 4.5 mm needles cast on 180 (196) 212 (232) 252 (272) 296 (312) sts using ordinary long-tail cast-on. Place a start marker (M1) = left side/armhole, join round.

Knit in the round until work measures 16 (16) 15 (15) 14 (14) 14 (14) cm, **AT THE SAME TIME** place markers on the last round like this:

Knit 45 (49) 53 (58) 63 (68) 74 (78) sts, place marker (M2) = middle of the front, knit 45 (49) 53 (58) 63 (68) 74 (78) sts, place marker (M3) = right side/armhole, knit remaining sts.

Now knit back and forth over entire work. First row is a right-side row.

Remove the start marker. The round is now marked with a yo.

Note! You are working 3 skeins at the same time over the next rows.

**1st row (RS):** Slip the one strand, yo needle and work a k1 with 1 strand, work 2 strands again to 1 st before M2, slip 1 strand and work a k2 (= 2 see-through sts) using only 1 strand, join 1 strand from the 3rd skein to work and knit using 2 strands to 1 st before the yo, slip 1 strand, slip the knitted st knit-wise, twist it and slip it back on the left-hand needle, work this st together with the yo through the back loop, turn work.

**2nd row (WS):** Yarn over, work a p1 using 1 strand, join the hanging strand and purl using 2 strands to the 2 see-through sts at M2, slip 1 strand and purl 2 sts, pick up the hanging strand and purl it using 2 strands, to 1 st before the yo, slip 1 strand, purl the st and the yo together, turn work.

Repeat row 1 and 2 once more.

**5th row (RS):** Yarn over, knit 1 st using 1 strand, knit using 2 strands to 3 sts before M2, slip 1 strand and knit 6 sts using 1 strand, pick up the loose thread and knit using 2 strands to the yo, slip 1 of the strands,

slip the knitted st knit-wise, twist it and slip it back onto left-hand needle, knit this st and the yo together through the back loop, turn work.

**6th row:** Yarn over, purl 1 st with 1 strand, purl using the number of strands as the sts indicate, to 1 st before the yo, slip 1 strand, purl the st and the yo together, turn work.

**7th row:** Yarn over, knit 1 st with 1 strand, knit using 2 strands to 5 sts before M2, slip 1 strand and knit 10 sts using 1 strand only, knit using 2 strands to the yo, slip 1 strand, slip the knitted st knit-wise, twist it and slip it back onto the left-hand needle, knit this st and the yo together tbl, turn work.

**8th row:** Knit as 6th row.

**9th row:** Yarn over and knit 8 (11) 14 (18) 21 (21) 24 (24) sts using 1 strand, knit using 2 strands to 7 sts before M2, slip 1 strand and work 14 sts using 1 strand, then knit using 2 strands to 8 (11) 14 (18) 21 (21) 24 (24) sts before M3, slip 1 strand and knit using 1 strand to 1 st before the yo, slip the knitted st knit-wise, twist it and slip it back onto left-hand needle, knit this st and the yo together tbl, turn work.

**10th row:** Knit as 6th row.

**11th row:** Yarn over, knit 14 (17) 20 (24) 27 (27) 30 (30) sts using 1 strand only, knit using 2 strands to 11 sts before M2, slip 1 strand and knit 22 sts using 1 strand only, knit using 2 strands to 14 (17) 20 (24) 27 (27) 30 (30) sts before M3, slip 1 strand and knit using 1 strand to 1 st before the yo, slip the knitted st knit-wise, twist it and slip it back onto the left-hand needle, knit this st and the yo together tbl, turn work.

**12th row:** Knit as 6th row.

**13th row:** Yarn over, knit 18 (21) 24 (28) 31 (31) 34 (34) sts using 1 strand, knit using 2 strands to 15 sts before M2, slip 1 strand and knit 30 sts using 1 strand only, work 2 strands to 18 (21) 24 (28) 31 (31) 34 (34) sts before M3, slip 1 strand and knit using 1 strand to 3 (3) 4 (4) 6 (6) 7 (7) sts before the yo.

Now knit in the round again. Hereafter work the remaining top part of the dress with 1 strand, break the other strands.

**Next round:** Bind off 6 (6) 8 (8) 12 (12) 14 (14) sts (work the yo together with the st before, the yo does not count as a st), knit to 3 (3) 4 (4) 6 (6) 7 (7) sts before M3, bind off the next 6 (6) 8 (8) 12 (12) 14 (14) sts, knit to last st, place a new start marker.



## YOKE

Now join body and sleeves on the same circular needle, like this:

Slip the start marker to right-hand needle, \*knit the 1st st on the needle together with the 1st st on the sleeve, mark this st with a marker, or some string, knit the sleeve sts to last st on the needle, work the last sleeve st together with the 1st st on the body, mark this st, knit to 1 st before the bound off sts\*, repeat from \* to \*, knit to start marker and remove the other markers as you go.

The yoke is now connected and 4 raglan sts are now marked = 260 (288) 308 (344) 360 (392) 420 (448) sts. The round now begins between the back and left sleeve.



Knit to 1 st before the start marker and the 1 st marked st.

### Size XS

**1st round:** Knit all sts.

**2nd-4th round (decrease round):** \*Cdd, knit to 1 st before next marked st\*, repeat from \* to \* over all sts, knit the last st.

Repeat these 4 rounds 5 times in total.

Knit 1st-3rd round twice more.

### Size S

**1st round:** Knit all sts.

**2nd-5th round (decrease round):** \*Cdd, knit to 1 st before next marked st\*, repeat from \* to \* over all sts, knit the last st.

Repeat these 5 rounds 4 times in total.

Knit 1st-4th round twice more.

### Size M

**1st round:** Knit all sts.

**2nd-7th round (decrease round):** \*Cdd, knit to 1 st before next marked st\*, repeat from \* to \* over all sts, knit the last st.

Repeat these 7 rounds 4 times in total.

### Size L

**1st round:** Knit all sts.

**2nd-15th round (decrease round):** \*Cdd, knit to 1 st before next marked st\*, repeat from \* to \* over all sts, knit the last st.

Repeat these 15 rounds 2 times in total.

### Sizes XL and 2XL

**Decrease round:** \*Cdd, knit to 1 st before next marked st\*, repeat from \* to \* over all sts, knit the last st.

Repeat this round 30 (34) times in total.

### Size 3XL

**1st round:** Knit all sts.

**2nd-6th round (decrease round):** \*Cdd, knit to 1 st before next marked st\*, repeat from \* to \* over all sts, knit the last st.

Repeat these 6 rounds 6 times in total.

Knit 1st-5th round once more.

### Size 4XL

**1st round:** Knit all sts.

**2nd-5th round (decrease round):** \*Cdd, knit to 1 st before next marked st\*, repeat from \* to \* over all sts, knit the last st.

Repeat these 5 rounds 10 times in total.

### All sizes

You have now worked 26 (26) 28 (30) 30 (36) 46 (50) rounds in total, 19 (22) 24 (28) 30 (34) 37 (40) of them have raglan decreases = 108 (112) 116 (120) 120 (120) 124 (128) sts.

### Neck

Change to 3.5 mm needles.

Work rib (k1, p1) over 6 rounds.

Bind off with Italian bind off.

### SKIRT

With 4.5 mm circular needles and 2 strands of Merci, pick up sts along the cast-on edge of the bodice, 3 sts for every 2 sts on the cast-on edge, like this:

\*Pick up 1 st in each of the next 2 sts on the cast-on edge, pick up 1 st in the bar between the cast-on edge sts\*, repeat from \* to \* over all sts = 270 (294) 318 (348) 378 (408) 444 (468) sts.

Knit stockinette in the round until the skirt measures approx. 55-65 cm and ends 5 cm over the knee.

**Next round:** Decrease 10 (8) 6 (10) 1 (5) 2 (0) sts evenly.

Change to 3.5 mm needles.

### Rib

**Next round:** \*Knit rib (k1, p1) over 11 sts, p2tog\*, repeat from \* to \* over all sts.

Knit 6 rounds of rib as pattern indicates.

Bind off with Italian bind off.

### FINISHING

Sew in the holes under the sleeves.

On the wrong side sew in elastic thread in the waist along the cast-on edge of the bodice.

Wash the top according to the washing instructions on the labels and lay it flat to dry on a towel.

It is recommended to block the sides and edges of the blouse using pins to stabilize and maintain the fit during drying.