

# filcolana

OBSESSED WITH QUALITY YARN SINCE 1952



Design: Katja Dyrberg

## West Coast

1st edition - August 2021 © filcolana

English translation: June Thomsen

The ripples on the sea surface are repeated in the West Coast slipover, where the pattern is formed by ridges knitted in different yarn qualities. The waves are broken by the vertical lines in the rib, which are emphasized by the twisted stitches.

### SIZES

XS (S) M (L) XL (2XL) 3XL

### MEASUREMENTS

Fits chest sizes: 80-87 (88-93) 94-99 (100-107)

108-116 (117-126) 127-136 cm

Chest circumf.: 90 (96) 102 (108) 118 (128) 138 cm

Length (from center back below turtleneck): 48 (50)

52 (54) 56 (58) 60 cm

### GAUGE

16 sts and 36 rows in pattern on 5 mm needle

= 10 x 10 cm

20 sts and 20 rows of twisted rib on 4.5 mm needle

= 10 x 10 cm

Needle sizes are for guidance only. If you have more sts on 10 cm, change to a larger needle. If you have fewer sts on 10 cm, change to smaller needles.

### MATERIALS

#### Yarn from Filcolana

200 (200) 200 (250) 300 (350) 400 g **Peruvian**

colour 281 (Rime Frost) and

50 (50) 50 (75) 75 (75) 100 g **Tilia**

colour 281 (Rime Frost)

The two yarns are held together at the rib edges and worked alternately in the pattern.

**Circular needles** 4 mm (40 cm x 2 pcs.), 4.5 mm (40, 60 and 80-120 cm), and 5 mm (80-120 cm).

#### Stitchmarkers



---

# Technical

---

## SPECIAL ABBREVIATIONS

### sm

Slip stitch marker from left to right needle.

### ktbl

Knit stitch through back loop. Insert RH needle from right to left through the back side of the loop on your LH needle. Wrap the yarn around your needle and pull the new loop through.

### ptbl

Purl stitch through back loop. Insert RH needle from left to right through back side of loop. Wrap your working yarn over the top of the needle as you would in a regular purl st.

### M1L

From the front, lift the horizontal strand between stitches with the left needle and knit through the back loop (1 st increase).

### M1R

From the back, lift the horizontal strand between the two stitches with the left needle and knit through the front loop (1 st increase).

### s1 wyif

Slip one st purlwise with yarn in front.

### s1 wyib

Slip one st purlwise with yarn in back.

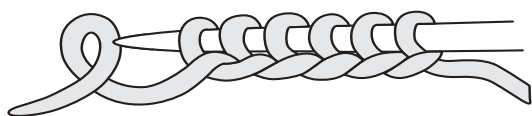
### K2tog tbl

knit 2 sts together through back loop.

## SPECIAL TECHNIQUES

### Backward loop cast on

Form a loop with the yarn, so the end attached to the skein of yarn is in front of the end attached to the sts on the needle, insert the right needle through the front of the loop and pull tight so the loop becomes a stitch around the needle. Repeat until you have the desired number of stitches.



---

# Workflow

---

The slipover is knitted top-down in a pattern where you alternate skeins (Peruvian and Tilia).

The neckline and sloping shoulders are shaped by increases.

Then the front piece and the back piece are worked and finished separately. Stitches are picked up along the sides of both front piece and back, until connecting the vertical side panels in twisted rib at the bottom. The slipover is finished with twisted rib edges at the bottom, in the armholes, and on the turtleneck, where both qualities are knitted together for a tight and full expression.





---

# Pattern

---

## YOKE

With 5 mm circular needles and Peruvian cast on 28 (28) 30 (30) 32 (34) 36 sts. All sts are knit flat and stitch markers are placed on 1st row like this:

**1st row (WS):** Knit with Peruvian, k1, place marker D, p1, place marker C, knit 24 (24) 26 (26) 28 (30) 32 sts, place marker B, p1, place marker A, k1.

The 4 stitch markers are now placed on each side of each shoulder st. On the following rows increases are made on each side of the shoulder sts on rows knitted with Peruvian. There are no increases on rows knitted with Tilia.

**2nd row:** Knit with Peruvian, k1, M1R, sm A, k1, sm B, M1L, knit to marker C, M1R, sm C, k1, sm D, k1 = 32 (32) 34 (34) 36 (38) 40 sts.

**3rd row:** Knit with Tilia, knit to marker D, sm D, sl1 wyif, sm C, knit to marker B, sm B, sl1 wyif, sm A, knit remaining sts.

**4th row:** Knit with Tilia, knit to marker A, sm A, sl1 wyib, sm B, knit to marker C, sl1 pwyb, sm D, knit remaining sts.

**5th row:** Knit with Peruvian, knit to marker D, M1L with Peruvian from 2nd row, sm D, p1, sm C, M1L with Peruvian from 2nd row, knit to marker B, M1L with Peruvian from 2nd row, sm B, p1, sm A, M1R with Peruvian from 2nd row, knit remaining sts = 36 (36) 38 (38) 40 (42) 44 sts.

**6th row:** Knit with Peruvian, knit to marker A, M1R, sm A, k1, sm B, M1L, knit to marker C, M1R, sm C, k1, sm D, M1L, knit remaining sts = 40 (40) 42 (42) 44 (46) 48 sts.

**7th row:** Knit with Tilia as 3rd row.

**8th row:** Knit with Tilia as 4th row.

**9th row:** Knit with Peruvian, k2, M1R, knit as 5th row to last 2 sts, M1L, k2 = 46 (46) 48 (48) 50 (52) 54 sts.

**10th row:** Knit with Peruvian, k2, M1R, knit as 6th row to last 2 sts, M1L, k2 = 52 (52) 54 (54) 56 (58) 60 sts.

**11th row:** Knit with Tilia as 3rd row.

**12th row:** Knit with Tilia as 4th row.

Repeat 9th-12th rows 2 (2) 2 (2) 3 (3) 3 more = 76 (76) 78 (78) 92 (94) 96 sts.

Hereafter front and back are finished separately.

## FRONT

Break yarn and slide the 16 (16) 16 (16) 20 (20) 20 sts of the left front from left to right side of needles. Place the 42 (42) 44 (44) 50 (52) 54 sts of the back plus the 2 shoulder sts to rest on a stitch holder. Turn work. Next row is knit from the wrong side:

**1st row (WS):** Knit with Peruvian, knit 16 (16) 16 (16) 20 (20) 20 sts, cast on 10 (10) 12 (12) 10 (12) 14 new sts using backward loop cast on technique (see special techniques), knit 16 (16) 16 (16) 20 (20) 20 sts = 42 (42) 44 (44) 50 (52) 54 sts.

**2nd row:** Knit all sts with Peruvian.

**3rd and 4th row:** Knit all sts with Tilia.

**5th row:** Knit all sts with Peruvian.

Repeat 2nd-5th rows 11 times more, repeat 2nd-4th rows once more.

Armhole now measures approx. 17 cm.

Next up are increases in each side as follows:

**1st row (WS):** Knit all sts with Peruvian.

**2nd row:** Knit with Peruvian, k2, M1R, knit to last 2 sts, M1L, k2.

**3rd row:** Knit all sts with Tilia.

**4th row:** Knit with Tilia, k2, M1R, knit to last 2 sts, M1L, k2.

Repeat those 4 rows until you have made a total of 12 (15) 16 (19) 20 (23) 26 increases in each side = 66 (72) 76 (82) 90 (98) 106 sts.



Continue knitting pattern till work measures 44 (46) 48 (50) 52 (54) 56 cm or has the desired length, measured from the top of the shoulder. Place front piece sts on stitch holder and leave for now.

### BACK

Place the 42 (42) 44 (44) 50 (52) 54 back sts back on the 5 mm needles. Leave the shoulder sts on the stitch holder. They are later knit with the sleeve ribbing. From the wrong side of work, knit:

**1st and 2nd rows:** Knit all sts with Peruvian.

**3rd and 4th rows:** Knit all sts with Tilia.

Repeat those 4 rows 12 times more, armhole now measures approx. 17 cm.

Next up are increases in each side as follows:

**1st row (WS):** Knit all sts with Peruvian.

**2nd row:** Knit with Peruvian, k2, M1R, knit to last 2 sts, M1L, k2.

**3rd row:** Knit all sts with Tilia.

**4th row:** Knit with Tilia, k2, M1R, knit to last 2 sts, M1L, k2.

Repeat those 4 rows until you have made a total of 12 (15) 16 (19) 20 (23) 26 increases in each side = 66 (72) 76 (82) 90 (98) 106 sts.

Continue knitting pattern till work measures 44 (46) 48 (50) 52 (54) 56 cm or has the desired length, measured from the top of the shoulder. Place back sts on stitch holder and leave for now.

### SIDE PANELS

#### Right side

From right side and with 1 string of Peruvian and 4 mm needles, pick up sts along the right side of the back. Pick up approx. 3 sts for every 8 rows. Break yarn. Knit same number of sts along the right side of the front piece. Break yarn.

With the 2 yarns held together cast on 9 sts on 4.5 mm needles.

**1st row (WS):** p1, \*k1, sl1pwyf\*, repeat from \* to \* 3 times, k1, p1.

Next step is knitting twisted rib over all sts in the side panel, and at the same time first and last st in the panel is knit together with the sts that have been picked up on front and back.

This is only done on right sides.

Start from the top of the armhole, and hold the needle with the panel sts in left hand.

**1st row (RS):** Slip the first picked up st over to needle with the panel sts, so that the st is placed in front of the other sts on left needle, k2tog tbl, \*p1, ktbl\*, repeat from \* to \* 3 times in total, p1, move last panel st over to needle with the picked up sts and knit this st and the first st of the front piece as k2tog.

**2nd row:** \*ptbl, k1\*, repeat from \* to \* to last st, ptbl.

Repeat those 2 rows till all the picked up sts have been knit together with the side panel. Finish with a right side row. Leave sts to rest on a stitch holder.

#### Left side

Knit left side as right side panel, but on left side of front and back.

### RIBBING, BODY

In the extension of sts on left side panel place sts from back, right side panel, and front piece back on 4.5 mm needle = 150 (162) 170 (182) 198 (214) 230 sts.

Now continue knitting twisted rib (p1, ktbl) in the round over all sts and with the 2 yarns held together.

**AT THE SAME TIME** decrease 1 st on both front and back by knitting p2tog approx. on the middle of each piece = 148 (160) 168 (180) 196 (212) 228 sts. Continue knitting twisted rib in the round till edging measures 4 cm or has the desired length.

Bind off with Italian bind off as follows:

Measure a tail at least 3 times the length to be bound off. Thread tail onto a tapestry needle.

**1.** Insert tapestry needle into 1st st (knit st) on left needle as if to purl, pull the yarn through.

**2.** From behind work insert needle between 1st and 2nd st. Pull needle and yarn to front of work.

**3.** Insert tapestry needle from front into 2nd st (purl st) and out on the back.

**4.** Insert tapestry needle into 1st st (knit st) as if to knit, slip st off needle.

**5.** From the front insert tapestry needle, from right to left, into the front leg of the 2nd st (knit st), pull yarn through.



6. Insert tapestry needle into 1st st (purl st) as if to purl, slip st off needle.  
Repeat steps 2-6, till you have 1 purl st left on LH needle. Finish bind off like this:
7. From front insert tapestry needle – from right to left – into the first bound off st, pull yarn through.
8. Repeat step 6.

Carefully weave in the loose end.

### RIBBING, ARMHOLE

With the 2 yarns held together and 4.5 mm needles pick up 92 (96) 100 (104) 108 (112) 116 sts along the right side of the armhole as follows: pick up 9 sts in the side panel, pick up 41 (43) 45 (47) 49 (51) 53 sts (approx. 1 st for every 2 rows in pattern) to the shoulder st, knit the shoulder st, and pick up 41 (43) 45 (47) 49 (51) 53 sts to the side panel = 92 (96) 100 (104) 108 (112) 116 sts.

Knit twisted rib (ktbl, p1) in the round, till ribbing measures 2.5 cm.

Bind off with Italian bind off as on body.

Knit the second sleeve the same way.

### TURTLENECK

From the right side and with the 2 yarns held together and 4.5 mm needles pick up sts for the neckline as follows: Pick up 25 (25) 27 (27) 29 (29) 31 sts along the neck, pick up 12 (12) 12 (12) 13 (13) 13 sts along the sloping piece in front, pick up 11 (11) 13 (13) 11 (13) 13 sts along the cast-on edge on the middle front, pick up 12 (12) 12 (12) 13 (13) 13 sts along the opposite sloping piece in front = 60 (60) 64 (64) 66 (68) 70 sts.

As the turtleneck is identical on both sides, both knit and purl sts are knitted through the back loop as follows:

Knit twisted rib (ktbl, ptbl) in the round, until turtleneck measures 16 cm or has desired length.

Bind off with Italian bind off as on body.

### FINISHING

Weave in all loose ends and wash the slipover according to the washing instructions on the labels. Lay the slipover flat to dry on a towel.

